

2018 LADY PATRIOT SUMMER CAMPS SCHEDULE

May 30 – June 1: Cheerleading Camp

Girls entering kindergarten – 8th grades

6:00 – 7:30

May 29 – June 1: Lady Patriot Basketball Camp

Girls entering 1st – 5th grades (8:30 – 12:00)

Girls entering 6th – 8th grades (1:30 – 5:00)

June 4 – 7: Lady Patriot Softball Camp

Girls entering 1st – 6th grades (9:00 – 12:00)

Girls entering 7th – 9th grades (1:00 – 4:00)

June 11 – 14: Lady Patriot Volleyball Camp

Girls entering 1st – 8th grades (9:00 – 12:00)

JULY 27 & 28: Lady Patriot Shooting Academy

Girls entering 5th – 8th grades (3:00 – 5:00)

Sullivan East High School 2018 Cheerleading Clinic

May 30th, 31st, June 1st
6:00pm until 7:30pm
For: Students finishing grades K—8
Cost: \$40.00

- ❖ Learn cheers and a dance
- ❖ Work on tumbling and jumps
- ❖ Instructions by East High Varsity Cheerleaders
- ❖ Concession stand available with snacks and drinks.

Checks should be made payable to Patriot Sports Club and returned with registration form to:

Coach Angie Lowe
Bluff City Elementary
282 J Forrest Thomas Street
Bluff City, TN 37618

(For early registration or bring with you to registration at the door. *Late registration may result in a child not actually receiving the correct size of a t-shirt.)

Cut and return with registration fee:

Student name: _____
School last attended: _____
Grade just completed: _____
Address: _____

Circle t-shirt size:
ym yl
as am al axl

Phone: _____
Emergency contact and phone number: _____

_____ is physically able to participate in the East High Cheerleading Clinic. There are no restrictions on his/her physical activities and is able to participate in all cheer activities.

Parent/Guardian Signature: _____ date: _____

35th Annual Sullivan East LADY PATRIOTS Basketball Camp

- **What is it?** Basketball camp focused on fundamentals designed for girls' who will be in 1st through 8th grade during the 2018-2019 school year. Campers will be placed in groups according to their age and/or ability.
- **When is it?** May 29- June 1
- **What Time is it?** 1st through 5th grade- 8:30 AM until 12:00 PM
6th through 8th grade- 1:30 PM until 5:00 PM
- **Cost:** \$40 per camper for campers who pre-register. Campers may pre-register by mailing the form at the bottom of this page to Coach Aubrey. Pre-registration can include a deposit or the full amount. The balance may be paid on the first day of camp. Campers may register on the first day of camp. The cost for those who register on the first day will be \$45. Families with more than one child will be given a \$5 discount per child. We are also offering a reduced price for those who go to both Lady Patriot Softball Camp and Basketball Camp. The price to do both camps is \$70 combined.
- **Purpose:** To teach the basic fundamentals of basketball to young players. Each day will include instruction from the Lady Patriots' players and coaches. Areas covered will include: ball-handling, shooting, passing, free throws, rebounding, individual defense, team defense, and team games. Middle School Camp this year will also have time dedicated to working with your Middle School team and coaches. Coaches from Bluff City, Mary Hughes, and Holston Valley will be helping and will get the opportunity to coach you as Lady Grizzlies, Lions and Rebels.
- **Awards:** Several awards will be given for contests and for overall performance and attitude for the week. Also, each camper will receive a T-Shirt.
- Concessions will be available for drinks and snacks.
- Please make all checks payable to:
Sullivan East Lady Patriots' Basketball

Mail To:

Coach Allan Aubrey
Sullivan East High School
4180 Weaver Pike
Bluff City, TN 37618

Detach and return with payment:

Name _____ Age _____ Phone _____ T-Shirt Size Adult: Small Medium Large
T-Shirt Size Youth: 2-4 6-8 10-12 14-16

Address _____
(Street) (City) (State) (Zip)

Parents _____

Person to contact in case of an emergency _____

Phone # for Emergency Contact _____

School attended _____

Grade level completed _____

I verify that the child named above is physically able to participate in the Sullivan East Lady Patriot Basketball Camp. There are no restrictions on her physical activities and she is able to participate in strenuous exercise.

Signed: _____
Parent's Signature

2018
Sullivan East Lady Patriots Softball Camp
June 4-7

- **TIME:** Entering 1st through 6th Grade: 9am-NOON
Entering 7th through 9th Grade: 1pm-4pm
- **COST:** \$40
- **SKILLS:** The following fundamentals will be covered:
 - Hitting
 - Pitching
 - Defense by Position
 - Sliding (Slip-n-Slide on Friday)
 - Game Situations
- **INSTRUCTORS:** Coaching Staff and Players from Sullivan East
- **SNACKS:** A concession stand will be provided
- **AWARDS:** Each camper will receive a t-shirt
Other awards will be given out for contests, door prizes, attitude, and performance

Please Mail Checks To:

Sullivan East Softball
c/o Coach Michael Forrester
4180 Weaver Pike
Bluff City, TN 37618

(Detach and return with payment)

Name _____ Age _____ Grade for next school year _____

T-Shirt Size Youth: 2-4 6-8 10-12 14-16

Adult: Sm Med Lg XL

Address _____

Parents/Guardians _____ Emergency Contact _____

Phone # for Parents/Guardians _____ Phone # for Emer. Cont. _____

I verify that the child named above is physically able to participate in the Sullivan East Lady Patriot Softball Camp. There are no restrictions on her physical activities and she is able to participate in strenuous exercise.

Signed: _____



Lady Patriot Volleyball Camp

- **What is it?** Volleyball camp focused on fundamentals designed for girls who will be in 1st through 8th grade during the 2018-2019 school year. Campers will be placed in groups according to their age and/or ability.
- **When is it?** June 11th- 14th
- **What Time is it?** 9:00 AM until 12:00 PM
- **Cost: \$40** per camper for campers who pre-register. Campers may pre-register by mailing the form at the bottom of this page to Coach Todt. Pre-registration can include a deposit or the full amount. The balance may be paid on the first day of camp. Campers may register on the first day of camp. The cost for those who register on the first day will be \$45. Families with more than one child will be given a \$5 discount per child.
- **Purpose:** To teach the basic fundamentals of volleyball to young players. Each day will include instruction from the Lady Patriots' players and coaches. Areas covered will include: passing, serving, setting, hitting, team offense, team defense, team games, and individual competitions.
- **Food:** There will be concessions for drinks and snacks. Money can be brought daily or placed in their account.
- **Payment:** Please make all checks payable to: Sullivan East Lady Patriots' Volleyball

Mail To:

**Coach Anthony Todt
Sullivan East High School
4180 Weaver Pike Bluff City, TN 37618**

Please Detach and return with Payment:

Name: _____ Age: _____ Phone: _____

Address: _____

Parents: _____

____ Person to contact in case of an emergency: _____ Phone # for Emergency

Contact: _____ School

Attended: _____ Grade Level for the 18-19: _____ T Shirt

Size: (Adult) S M L (Youth) 2-4 6-8 10-12 14-16

I verify that the child named above is physically able to participate in the Sullivan East Lady Patriot Volleyball Camp. There are no restrictions on his/her physical activities and that they are able to participate in strenuous activities/ exercise.

Signed: _____

(Parent/Guardian)

3rd Annual Lady Patriot Shooting Academy

The Lady Patriots have developed a reputation for being one of the best shooting programs in the area. But, shooting is a skill that must be developed and practiced. In order for us to continue to build on this reputation it is necessary for us to have young shooters in our program who are willing to work and develop their shooting ability on their own. This academy is designed to equip young players with the proper techniques of shooting and individual drills to strengthen their shooting ability. We will use video technology to analyze each participants shot. Each participant will get individual instruction from the Lady Patriot staff and former great shooters from our program. Participants must have completed the 4th Grade. Concessions will be available. Awards will be given for several shooting games. This academy is designed for those who plan on playing in High School and will be shooting intensive.

When: July 27th and 28th

Time: 3:00-5:00 PM

Cost: \$20. If you attend Lady Patriot Camp there will be a \$5.00 Discount.

- Please make all checks payable to:
Sullivan East Lady Patriots' Basketball

Mail To:

Coach Allan Aubrey
Sullivan East High School
4180 Weaver Pike
Bluff City, TN 37618

Detach and return with payment:

Name _____ Age _____ Phone _____

Address _____
(Street) (City) (State) (Zip)

Parents _____

Person to contact in case of an emergency _____

Phone # for Emergency Contact _____

School attended _____

Grade level completed _____

I verify that the child named above is physically able to participate in the Sullivan East Lady Patriot Basketball Camp. There are no restrictions on her physical activities and she is able to participate in strenuous exercise.

Signed: _____
Parent's Signature